STRATEGIC RECOVERY

DESIGN YOUR RECOVERY. OWN YOUR LIFE.

THE FOUR TENDENCIES

RECOVERY CONSISTENCY

UPHOLDER

Meets outer & inner expectations. Thrives with structure and self-discipline.

BUILDS THROUGH COMMITMENT

QUESTIONER

Needs clarity and reasons. Thrives when it makes sense.

BUILDS THROUGH UNDERSTANDING

OBLIGER

Meets outer expectations. Thrives with accountability and support.

BUILDS THROUGH CONNECTION

REBEL

Resists outer expectations. Thrives with freedom and autonomy.

BUILDS THROUGH AUTONOMY

DIFFERENT BY NATURE. | SRONGER IN ALIGNMENT.

UNDERSTAND YOUR TENDENCY. REDUCE FRICTION. BUILD CONSISTENCY THAT LASTS.